

SCIENTIFIC PROGRAM

“Advancing Clinical Nutrition: Bridging Science, Technology, and Patient-Centered Care”

HALL A

08:40 - 09:30	Panel Discussion on Clinical Nutrition Guidelines : ESPEN, IAPEN Led By: Tariq AlMusawi, KSA Panel: P. C. Vijayakumar, India Liana Poulia, Greece Mirey Karavetian, Canada Tariq Dandis, UAE
09:30 - 10:00	OPENING CEREMONY
10:00 - 10:30	Networking and The Innovation Cafe: Taste Talk Explore the Technologies Behind Nutrition Precision

HALL A - Adult

Session A1 - Reimagining Nutrition Support: Innovations in PN & EN Therapy

CHAIRPERSON: Marleine Moukarzel, UAE | Krystel Ouaijan, Lebanon

HALL B - Pediatric

Session B1: Advances in Nutrition for Complex Clinical Pediatric Cases

CHAIRPERSON: Liana Poulia, Greece | Sondos Harfil, UAE

10:30 - 10:50	Enteral Nutrition in ICU: Innovations and Emerging Protocols P. C. Vijayakumar, India
10:50 - 11:10	Advances in Immunonutrition for Cancer Patients: Evidence and Application Tariq AlMusawi, KSA
11:10 - 11:30	Artificial Intelligence for Predicting Nutritional Needs in ICU Adult Patients Marlain Swaiss, Jordan

10:30 - 10:50	The Digital drop: Modern Algorithms for TPN excellence Ahmed Elmelhat, UAE
10:50 - 11:10	Update Management of Neonatal Hypoglycemia Faten Al-Awayesheh, Jordan
11:10 - 11:30	TPN Reloaded: The New Pediatric & Neonatal Nutrition Era Wafaa Ayesh, UAE

Session A2 - Metabolic Precision: Tailoring Nutrition to Diabetes & Weight Loss Therapies from GLP1 & Beyond

CHAIRPERSON: Marlain Swaiss, Jordan | Fiji Antony, UAE

Session B2: Precision Nutrition in Pediatrics: Integrating Medical, Behavioral, and Metabolic Care

CHAIRPERSON: Reem Al Sadi, Qatar | Faten Maaytah, Jordan

11:30 - 11:50	Muscle and GLP1: Companion Support in GLP-1 Mirey Karavetian, Canada
11:50 - 12:10	Nutrition at the Heart of the GLP-1 Revolution: Case-Based Lessons and Real-World Evidence from the UAE Rana Sultan, UAE
12:10 - 12:30	Protein Matters: Fighting Sarcopenic Obesity in Modern Healthcare Rolf Smeets, Netherlands

11:30 - 11:50	Nutritional Therapy for Growth Retardation in Pediatric Patients Fatima Al-Haddad, Bahrain
11:50 - 12:10	Beyond Allergy Labels: From Detection to Action in Pediatric Nutrition - “Real Scenarios” Khurshid Khan, UAE
12:10 - 12:30	Nourish, Tolerate , Thrive (The New Era in Digestive Tolerance & Allergy Management) Wafaa Ayesh, UAE

12:30 - 12:50

Obesity is a Disease - *Satellite Symposium by Lilly*
Mohammed Al Hadad, UAE

12:30 - 12:50

Nutritional Support in Pediatric Rheumatic Disease
Suzan Haidar, Lebanon

12:50-13:10

The Power of Single Double and Triple Action in Obesity Pharmacotherapy
Khaled Sewify, KSA

12:50 - 13:10

Avoidant Restrictive Food Intake Disorder ARFID, A Dietitian Perspective
Lina Doumani, UAE

13:10 - 14:00	PRAYER & LUNCH BREAK
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Session A3: Personalized Nutrition Plans for Malnutrition & Oncology Patients

CHAIRPERSON: **Shilpa Varma, India | Reem Al Saadi, Qatar**

14:00 - 14:20

The Future of Insulin and Carbohydrate Management: Continuous Glucose Monitoring and Nutrition Interventions
Fatima Sadek, Qatar

14:20 - 14:40

ESPEN Surgical Guideline Update 2025: Focused on Oncology
Liana Poulia, Greece

14:40 - 15:00

The Role of Enteral Nutrition in Postoperative Recovery for Adult Cancer Patients
Marlain Swaiss, Jordan

15:00 - 15:20

Diet and Exercise for Oncology Patients Pre, During and Post Chemo
Mirey Karavetian, Canada

15:20 - 15:40

HMB, Muscle Health & Clinical Nutrition Therapy 2026 From Sarcopenia Prevention to Functional Recovery
Satellite Symposium by Abbott
Wafaa Ayesh, UAE

15:40 - 15:55

COFFEE BREAK & NETWORKING

Session A4: Reimagining Nutrition Support: Innovations in PN Therapy

CHAIRPERSON: **Marlain Swaiss, Jordan | Suzan Haidar, Lebanon**

15:55 - 16:15

Innovations in TPN: From Formulation Science to Bedside Practice
Liana Poulia, Greece

16:15 - 16:35

Optimizing Nutritional Care Pathways: The Evolving Role of the TPN Unit in Clinical Nutrition Practice
Amany Alshawabkeh, Jordan

16:35 - 16:55

Innovations in Parenteral Nutrition for Critical Care Patients
Marleine Moukarzel, UAE

16:55 - 17:15

Optimizing Outcomes in Head and Neck Cancer: Integrating the 2026 ASPEN guidelines into practice
Nour ElSharkawi, Kuwait

17:15 - 17:35

Home Parenteral Nutrition: Real-World Practice and Challenges in the UAE
Carla Daou, UAE

17:35 - 18:15

Incretin Mimetics in Older Adults and Beyond: Implications for Muscle, Metabolism, and Nutrition
Carla Prado, Canada

18:15 - 18:20

Closing Remarks

Session B3: Applied Pediatric Nutrition: Managing Complex Conditions in Clinical Practice

CHAIRPERSON: **Cosette Fakih, UAE | Mona Hashim, UAE**

14:00 - 14:20

Pediatric Lipidology and Hypertension - Unraveling the Risks and Roadmap for early Nutritional intervention.
Mansi Patil, India

14:20 - 14:40

Managing Pediatric Diabetes with Enteral and Parenteral Nutrition Strategies
Shabib AlKalbani, Oman

14:40 - 15:00

Role of Probiotics in Pediatric GIT Health
Faten Maaytah, Jordan

15:00 - 15:20

The Gut-Brain Axis in Pediatrics: The Role of Medical Nutrition
Ismail Halahleh, Palestine

15:20 - 15:40

From Infancy to Obesity Risk: Understanding Early Metabolic Programming
Satellite Symposium by Nestle
Manaf Alkassab, UAE

Session B4: Emerging Technologies in Nutrition Monitoring and Delivery with New Researches

CHAIRPERSON: **Shabib AlKalbani, Oman | Haleama Al Sabbah, UAE**

15:55 - 16:15

Iron Deficiency Anemia
Wafaa Faysal, UAE

16:15 - 16:35

ASPEGHAN Pediatric Nutrition Guidelines 2026: Shaping the Future of Child Health
Shabib AlKalbani, Oman

16:35 - 16:55

Children Obesity in 2026 Updated Guide Lines Emerging Therapies and Clinical Application
Ismail Halahleh, Palestine

16:55 - 17:15

Unravelling the Mystery of Swallowing Disorders
Rania Hosny, Egypt

17:15 - 17:35

Nutritional Management of Hypoglycemia in NICU
Roaa Malas, UAE

17:35 - 17:55

Nutrition Education Intervention for Patients Living With HIV Attending an Outpatient Clinic in Dubai, UAE: A Randomized Controlled Trial
Souheir Alia, UAE

17:55 - 18:15

Nutritional Education Knowledge, Challenges, Needs, and Preferences among Informal Caregivers of Patients Undergoing Hemodialysis in Lebanon
Rana Rizk, Lebanon

18:15 - 18:20

Closing Remarks

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HALL A

08:30 - 09:00 ASPEN Guidelines 2026 - Sharon Irving, USA	
HALL A - Adult	HALL B - Pediatric
Session A5 - Transitioning from Hospital to Home: Safe Continuity in Nutrition Support CHAIRPERSON: Tariq Dandis, UAE Fatima Sadek, Qatar	SESSION B5 - Small Gut, Big Impact: New Frontiers in Pediatric GI Health CHAIRPERSON: Faten Maaytah, Jordan Jessy El Hayek, Lebanon
09:00 - 09:20 Nutritional Management in Dysphagia: From Assessment to Safe Feeding Sreemathy Venkatraman, India	09:00 - 09:20 Child wasting in humanitarian emergencies : startegies beyond survival Krystel Ouaijan, Lebanon
09:20 - 09:40 Medical Nutrition Therapy Outcomes Using the Nutrition Care Process in Cardiothoracic Surgery Patients Fiji Antony, UAE	09:20 - 09:40 Necrotizing Enterocolitis Faten Al-Awayesheh, Jordan
09:40 - 10:00 Innovative Approaches to Managing Malnutrition in Adults with Chronic Diseases Krystel Ouaijan, Lebanon	09:40 - 10:00 Probiotics in Pediatric GI Disease Fawaz Al Refaee, Kuwait
10:00 - 10:15 COFFEE BREAK & NETWORKING	
Session A6: Integrative Nutrition Approaches in Adult Metabolic, Hormonal, and Inflammatory Conditions CHAIRPERSON: Mirey Karavetian, Canada Sondos Harfil, UAE	Session B6: Feeding the Most Vulnerable: Evidence-Based Nutrition in Neonatal and Pediatric Disease CHAIRPERSON: Farah Naja, UAE Mona Hashim, UAE
10:15 - 10:35 From Hospital to Home: Leadership in Safe Transition of Parenteral Nutrition Therapy Amany Alshawabkeh, Jordan	10:15 - 10:35 Nutrition in Preterm Infants Fatima Al-Haddad, Bahrain
10:35 - 10:55 Medical Nutrition Therapy in Home Care Setting: Clinical Outcomes and Economical Impact Tariq Dandis, UAE	10:35 - 10:55 The Itcy Truth ; Nutritional Deficiencies in Atopic Patients Shireen Marzouk, UAE
10:55 - 11:15 Remission of Type 2 Diabetes: The Role of Medical Nutrition Therapy Fatema Sadek, Qatar	10:55 - 11:15 Childhood Obesity 2026 Beyond Calories : The Crucial Drivers! Eslam El-Baroudy, UAE
11:15 - 11:35 Metabolic Health Through Nutrition: From Obesity to Liver Disease Shilpa Varma, India	11:15 - 11:35 Healing Young Guts: Prebiotics & Probiotics in IBS Management Jessy El Hayek, Lebanon
11:35 - 11:55 Menopause, Insulin Resistance, Hormone & Weight Loss Therapies Mona Abdulla ,UAE	11:35 - 11:55 Inborn Errors of Metabolism Management (PKU or Cystic Fibrosis or MSUD) Suzan Haidar, Lebanon
11:55 - 12:15 Chronobiological Determinants of Obesity: Integrating Chronotype and Chrononutrition Haydar Hasan, UAE	11:55 - 12:15 Role of Pediatric Nutrition in Sepsis Faten Maaytah, Jordan
12:15 - 13:15 LUNCH BREAK	
Session A7 - Nutrition as a Modulator of Metabolic, Inflammatory, and Hormonal Health CHAIRPERSON: Haydar Hasan, UAE Amjad Jarrar, UAE	Session B7: Emerging Frontiers in Pediatric Nutrition: Probiotics, IBS, and Artificial Intelligence CHAIRPERSON: Dalia Haroun, UAE Haleama Al Sabbah, UAE
13:15 - 13:45 Time-Restricted Feeding in Obesity Management: Latest Findings and Applications Maya Bassil, Qatar	13:15 - 13:35 TPN Reloaded: The New Pediatric & Neonatal Nutrition Era Wafaa Ayesh, UAE
13:45 - 14:05 Oral Health and Inflammatory Markers and Their Relationship with Obesity and Other Chronic Diseases Suhail Al-Amad, UAE	13:35 - 13:55 Breastfeeding Boost or Myth? Revisiting Fenugreek's Galactagogue Potential in Lactation Support Jessy El Hayek, Lebanon
14:05 - 14:25 Kidney Transplant 2026 Guidelines Ghina Hamaoui, UAE	13:55 - 14:15 What mothers eat matters: the role of mother infant cohort studies in advancing evidence Farah Naja, UAE
14:25 - 14:45 The Clinical Impact of Micronutrients in Medical Practice Yanal Salam, UAE	14:15 - 14:35 Optimizing Enteral Nutrition in the PICU: Feeding Strategies to Prevent Malnutrition Roaa Malas, UAE

