

**DAY 1**



**25 APRIL 2025 | FRIDAY**



**08:00 - 17:30 HRS**

UAE TIME

## HALL A - Adult

## HALL B - Pediatric

**08:00 - 08:30 OPENING CEREMONY**

08:30 - 09:00 Practical Implications on the Use of Alternative Intravenous Lipid Emulsions in NICU, PICU and Beyond  
**Kathleen Gura, USA**

09:00 - 09:30 The Undeniable Role of Medical Nutrition in Disease Management: Health Economics Perspective  
**Tariq Dandis, UAE**

### SESSION 1

Chairperson: Mirey Karavetian, Canada



09:40 - 10:00 Fine-Tuning Nutritional Support in the ICU: Personalized Energy and Protein Goals  
**Arthur van Zanten, The Netherlands**

10:00 - 10:20 Beyond Calories: Nutrition Strategies to Bridge Protein Intake and Muscle Recovery - *Satellite Symposium by Nestle*  
**Wafaa Ayesh, UAE**

10:20 - 10:40 The Future of Personalized Medical Nutrition: A Focus on Protein  
**Rolf Smeets, The Netherlands**

10:40 - 11:00 Enhancing Sepsis Therapy with Medical Nutrition Therapy  
**Doaa Genena, Egypt**

11:00 - 11:20 Personalized Approaches in Critical Care Nutrition  
**Fiji Antony, UAE**

**11:20 - 11:35 COFFEE BREAK & NETWORKING**

### SESSION 2

Chairperson: Suzan Haidar, Lebanon



09:40 - 10:00 Climbing the Ladder with Milk & Egg Allergies  
**Shireen Marzouk, UAE**

10:00 - 10:20 Infant's Health and GIT Manifestations - *Satellite Symposium by Almarai*  
**Wajeeh Al-Dekhail, KSA**

10:20 - 10:40 Children's Burden and Role of Synbiotics in CMA  
**Basil Nasralla, UAE**

10:40 - 11:00 When Food Turns Against You: An Epigenetic Perspective on Food Allergy  
**Ali AlSarhan, UAE**

11:00 - 11:20 The Role of Probiotics in Pediatric Health  
**Eiman AlHinai, Oman**

**11:20 - 11:35 COFFEE BREAK & NETWORKING**

## HALL A - Adult

### SESSION 3

Chairperson: Rana Rizk, Lebanon

- 11:35 - 11:55 Parenteral Nutrition in Adults: Advances and Challenges  
**Liana Poulia, Greece**
- 11:55 - 12:15 Parenteral Nutrition in Practice: International Challenges and Strategies  
**Tariq Al Musawi, Bahrain**
- 12:15 - 12:35 Component of Adult TPN: Macro & Micro Nutritions  
**Abdulaziz AlShehab, Kuwait**
- 12:35 - 12:55 Home: Parenteral Nutrition in Adults: Advances and Challenges  
**Marleine Moukarzel, UAE**
- 12:55 - 13:15 The Role of Intradialytic Parenteral Nutrition (IDPN) in Managing and Improving Nutritional Outcomes in ESRD Patients  
**Hiba Musharrafieh, UAE**

13:15 - 14:15 PRAYER & LUNCH BREAK

### SESSION 5

Chairperson: Liana Poulia, Greece

- 14:15 - 14:35 Nutritional Management of GI Surgeries  
**Maryam Ali, Bahrain**
- 14:35 - 14:55 Diabetes Management: Diet, Oral Drugs, Injectables, Insulin  
**Medhat Araby Saleh, Egypt**
- 14:55 - 15:15 Weight Loss & Injectables: GLP1 & GIP Evidence & Controversies  
**Doaa Genena, Egypt**
- 15:15 - 15:35 Combating Obesity: Unveiling the Science, Guidelines, and Innovations -  
*Satellite Symposium by Lilly*  
**Hazem El Momani, UAE**
- 15:35 - 15:55 Liver Transplant and Medical Nutrition  
**Enas Mogawer, Egypt**
- 15:55 - 16:10 Uncovering Health Equity Gaps: Hidden Dimensions in Clinical Management of Malnutrition  
**Krystel Ouaijan, Lebanon**

16:10 - 16:20 COFFEE BREAK

## HALL B - Pediatric

### SESSION 4

Chairperson: Hadia Radwan, UAE

- 11:35 - 11:55 The Role of MCT Oil-Based Diet in GI & Lymphatic Diseases  
**Ali Al-Mehaidib, KSA**
- 11:55 - 12:15 Nutritional Solutions for GI Diseases in Infancy  
**Fawaz Al Rafee, Kuwait**
- 12:15 - 12:35 Maternal Prints on Infant Brain  
**Osama El Asheer, Egypt**
- 12:35 - 12:55 Pediatric Assessment: Best Practices  
**Suzan Haidar, Lebanon**
- 12:55 - 13:15 Emergency Dietary Protocols for Common Inborn Errors of Metabolism  
**Masooma Aljasm, UAE**

13:15 - 14:15 PRAYER & LUNCH BREAK

### SESSION 6

Chairperson: Rula Abu Ghazaleh, Jordan

- 14:15 - 14:35 Tiny Patients: A Big Guide to Pediatric and Neonatal Parenteral Nutrition  
**Faisal A. Alsehli, KSA**
- 14:35 - 14:55 Component of Pediatric TPN: Macro & Micro Nutritions  
**Krystel Ouaijan, Lebanon**
- 14:55 - 15:15 Nutritional Management of Premature Neonates with Necrotising Enterocolitis  
**Gil Hardy, New Zealand**
- 15:15 - 15:35 Recent Advances in Neonatal Nutrition Interventions  
**Faten Maaytah, Jordan**
- 15:35 - 15:55 Mastering Fluids, Electrolytes, and Hydration Management in Pediatric Care  
**Faisal A. Alsehli, KSA**
- 15:55 - 16:10 Feeding Intolerance in Neonates: Strategies for Improvement  
**Zainab Abbas, Kuwait**

16:10 - 16:20 COFFEE BREAK

## HALL A - Adult

### SESSION 7

Chairperson: Tariq Dandis, UAE

16:20 - 16:40 Cancer Patients Treatment Journey: Depletion of Lean Body Mass and the Impact on the Treatment Protocols - **Satellite Symposium by Nutricia Hassan Jaafar, UAE**

16:40 - 17:00 Elderly People: A Fast Growing Population in the Middle East with Key Challenges. The therapeutic Nutrition Role - **Satellite Symposium by Nutricia Amir Ahmed, UAE**

17:00 - 17:20 Immunonutrition in Cancer Therapies: Enhancing Treatment Response & Reducing Toxicity  
**Sana Al Yafaey, Oman**

17:20 - 17:30 Closing Remarks

## HALL B - Pediatric

### SESSION 8

Chairperson: Masooma Aljasmī, UAE

16:20 - 16:40 From Belly to Brain: Understanding the Connection Between Diet, Microbiome and Pediatric Health  
**Natacha Ajaka, UAE**

16:40 - 17:00 Breast Feeding and Maternal Mental Health: Navigating the Two-way Relationship with Practical Recommendation  
**Nivine Hanach, UAE**

17:00 - 17:20 Nutrition Focused Physical Examination for Pediatric Patients  
**Cosette Fakih, UAE**

17:20 - 17:30 Closing Remarks

END OF DAY 1

**DAY 2**



**26 APRIL 2025 | SATURDAY**



**08:00 - 17:10 HRS**  
UAE TIME

## HALL A - Adult

### SESSION 9

Chairperson: Natacha Ajaka, UAE

- 08:00 - 08:30 Tailoring Nutrition Therapies in Oncology Patients: Challenges and Advances  
**Enas Mogawer, Egypt**
- 08:30 - 08:50 Protein Power: Vital Nutrients for Recovery from Metabolic Stress and Hospitalization  
**Arthur van Zanten, The Netherlands**
- 08:50 - 09:10 Diet and Exercise Intervention During Active Disease Treatment: Oncology and Hemodialysis  
**Mirey Karavetian, Canada**
- 09:10 - 09:30 Energy Expenditure in Critically Ill Patients  
**Ismail Halahleh, Palestine**
- 09:30 - 09:50 Managing Sarcopenia Through Nutritional Interventions  
**Noor AlMa'ashari, Oman**
- 09:50 - 10:10 Ketogenic Diet in a Convenient Sample of Adults in Lebanon: Practice, Motivation, and Challenges  
**Rana Rizk, Lebanon**

10:10 - 10:20 COFFEE BREAK & NETWORKING

## HALL B - Pediatric

### SESSION 10

Chairperson: Krystel Ouaijan, Lebanon

- 08:00 - 08:30 Pediatric Intestinal Failure Associated Liver Disease Prevention and Treatment Options  
**Kathleen Gura, USA**
- 08:30 - 08:50 Pediatric Oncology: How Proactive Should We be with Enteral Nutrition?  
**Tala Dabbous, Kuwait**
- 08:50 - 09:10 Recent Advances in Preventing/Reducing Complications Associated with Neonatal and Pediatric PN  
**Khlood Catroon, UAE**
- 09:10 - 09:30 Nutritional Support in Pediatric Congenital Heart Disease  
**Suzan Haidar, Lebanon**
- 09:30 - 09:50 Plant Based Diet vs Animal on End-stage Liver Diseases  
**Liana Poulia, Greece**
- 09:50 - 10:10 Clinical Dietetics in Pediatric Palliative Care: Windows of Opportunities  
**Tala Dabbous, Kuwait**

10:10 - 10:20 COFFEE BREAK & NETWORKING

**HALL A - Adult**

**SESSION 11**

Chairperson: Rana Rizk, Lebanon

- 10:20 - 10:40 Improvement in Nutritional Status and Liver Function in Intestinal Failure with Chyme Reinfusion Therapy  
**Gil Hardy, New Zealand**

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- 10:40 - 11:00 Practice Guidelines for Nutrition in Chronic Liver Disease Patients  
**Tariq Al Musawi, Bahrain**

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- 11:00 - 11:20 Optimizing Nutrition in Liver Disease Patients  
**Shamayel Alali, Kuwait**

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- 11:20 - 11:40 Age Reversal Engineering Using VO2 Max and Antiinflammatory Diet  
**Mirey Karavetian, Canada**

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- 11:40 - 12:00 Indirect Calorimetry Life Cases Action  
**Ohoud Abdulla, UAE**

12:00 - 13:00 LUNCH BREAK

**SESSION 13**

Chairperson: Ismail Halahleh, Palestine

- 13:00 - 13:20 The Role of Ketoanalog of Amino Acid in Slowing CKD Progression  
**Khaled Sewify, KSA**

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- 13:20 - 13:40 Optimizing Outcomes in Managing Nutrition for Chronic and Acute Kidney Disease in Adults  
**Manal Ali Ahmad, UAE**

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- 13:40 - 14:00 Optimizing Nutrition in Home Care CKD  
**Ghazal Al Chredi, UAE**

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- 14:00 - 14:20 From Brain to Gut in Aging Populations: Sarcopenia & Frailty  
**Salwa Alsuwaidi, UAE**

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- 14:20 - 14:40 Nutrition Management & Alzheimer Prevention - Type 3 Diabetes  
**Khaled AlSahly, Kuwait**

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- 14:40 - 15:00 Nutritional Management for Dysphagia Patients Presenting IDDSI Diet  
**Rula Abu Ghazaleh, Jordan**

15:00 - 15:10 COFFEE BREAK & NETWORKING

**HALL B - Pediatric**

**SESSION 12**

Chairperson: Haleema Al Sabbah, UAE

- 10:20 - 10:40 Managing Malnutrition & Cachexia in Pediatric Oncology  
**Krystel Ouaijan, Lebanon**

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- 10:40 - 11:00 Nutritional Interventions for Autism Spectrum Disorders  
**Fatima Alhaddad, Bahrain**

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- 11:00 - 11:20 Ketogenic Diet in Children with Refractory Epilepsy: Kingdom of Bahrain Experience  
**Alaa Mohammad, Bahrain**

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- 11:20 - 11:40 Pediatric Growth Flattening & Malnutrition: Target the Proper Nutrition  
**Osama El Asheer, Egypt**

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- 11:40 - 12:00 Impact of Probiotics on Multiple Dimensions of Wellness  
**Amjad Jarrar, UAE**

12:00 - 13:00 LUNCH BREAK

**SESSION 14**

Chairperson: Hadia Radwan, UAE

- 13:00 - 13:20 Obesity Pediatric  
**Amal Kenanah, KSA**

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- 13:20 - 13:40 Functional Food in Pediatric  
**Natasha Bajj, Jordan**

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- 13:40 - 14:00 Management of Obesity, Diabetes and the Metabolic Syndrome: Artificial Intelligence versus Dieticians  
**Farah Naja, UAE**

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- 14:00 - 14:20 Weight Loss & Injectables: GLP1 & GIP Evidence & Controversies in Pediatrics  
**Mona Hashim, UAE**

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- 14:20 - 14:40 Chronic & Acute Kidney Injury in Pediatrics: Bridging the Gap between Catabolism & Growth  
**Roaa Malas, UAE**

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- 14:40 - 15:00 A Psychologist's Role in Feeding Difficulties  
**Mariam Alwaili, Oman**

15:00 - 15:10 COFFEE BREAK & NETWORKING

**HALLA - Adult**

**SESSION 15**

Chairperson: Mona Hashim, UAE

- 15:10 - 15:30 The Effect of Gum Arabic on Cardiovascular Risk Factors and Gastrointestinal Symptoms in Adults at Risk of Metabolic Syndrome  
**Amjad Jarrar, UAE**

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- 15:30 - 15:50 Time Restricted Diets: Evidence & Controversies  
**Mona Joumaa, UAE**

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- 15:50 - 16:10 Description of the Gut Microbiota of Emirati Individuals  
**Carole Ayoub, UAE**

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- 16:10 - 16:30 Precision Medicine in Obesity & Metabolic Syndrome  
**Thuraiya Al Siyabi, Oman**

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- 16:30 - 16:50 Treating Hidden Hunger: Vitamin and Mineral Supplementation in Adult Populations  
**Dima Zein, UAE**

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- 16:50 - 17:10 Metabolomics Role in Exploring Nutritional Intervention for Fibromyalgia  
**Natasha Bajj, Jordan**

17:10 Closing Remarks

**HALL B - Pediatric**

**SESSION 16**

Chairperson: Farah Naja, UAE

- 15:10 - 15:30 Nourishing Hope: Nutrition Strategies for ARFID in Children  
**Yasmine Haddad, UAE**

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- 15:30 - 15:50 Effect of Soy on Reproductive System and Fertility Outcomes: Current Evidence and Controversies  
**Ayla Coussa, UAE**

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- 15:50 - 16:10 Shaping the Future: Perspectives on the Integration of Artificial Intelligence in Health Profession Education: A Multi-Country Survey  
**Wegdan Bani Issa, UAE**

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- 16:10 - 16:30 Sarcopenia Screening & Assessment  
**Carla Prado, Canada**

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- 16:30 - 16:50 Nutritional Approaches to Cardiovascular Health  
**Myriam Abboud, UAE**

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- 16:15 - 17:10 Healthy Eating Strategy: A Public Health Initiative to Address Childhood Obesity and Chronic Diseases in Canada  
**William Yan, Canada**

17:10 Closing Remarks

**END OF DAY 2**