

DAY 1



Saturday, 20 May



09:00 - 18:00

HALL A

HALL B

08:00 - 09:00 REGISTRATION

09:00 - 10:00 OPENING CEREMONY + EXHIBITION OPENING + COFFEE BREAK

SESSION 1

The Beauty of Health

Moderator: Hanan Rihani, Jordan & Wael Naasan, Jordan

- 10:00 - 10:15 Obesity: Stigma or a Disease
Taroub Khoury, Jordan
- 10:15 - 10:30 Obesity from A-Z
Maisam Waid Akroush, Jordan
- 10:30 - 10:45 Obesity: Is it Really Your Fault? An Insight to the Epidemiology, Genetics and Pathophysiology of Obesity
Rami Salameh, Jordan
- 10:45 - 11:00 The Evolution of Obesity (The Good, The Ugly & The Bad)
Enas Younis, Jordan
- 11:00 - 11:15 Obesity And Phenotyping: Your Way to Tailored Management Plan
Doaa Genena, Egypt
- 11:15 - 11:30 Medical Treatment for Obesity
Dana Hyassat, Jordan
- 11:30 - 11:45 Q & A
ALL

SESSION 2

The Ins & Outs of Total Parenteral Nutrition

Moderator: Basem Halaseh, Jordan & HE Mohammad Al Tarawneh, Jordan

- 10:00 - 10:15 The Art of Fluid Electrolytes Management of TPN in Paediatrics
Faisal A. Alsehli, KSA
- 10:15 - 10:30 Initiation Of TPN in The Paediatric Population: A Practical Guide
Fatima Al-Haddad, Bahrain
- 10:30 - 10:45 Hints About Parenteral Nutrition Prescriptions
Khaled Al Sewify, KSA
- 10:45 - 11:00 Nutrition Support in Mechanically Ventilated Critically Ill Patients
Moh'Dnour Mahmoud Bani Younes, Jordan
- 11:00 - 11:15 Sepsis Savvy Your Essential Nutrition Road Map
Rula Abu Ghazaleh, Jordan
- 11:15 - 11:30 Nutrition in Surgical Patients
Magdy Khalil, Egypt
- 11:30 - 11:45 Q & A
ALL

HALL A

SESSION 3

Breathe Life into Your Health

Moderator: Maisam Akroush, Jordan & Imad Ghazzawi, Jordan

- 11:45 - 12:00 Sport Nutrition Supplements: The Appealing & Deadly Stuff
Amr Mattar, Egypt
- 12:00 - 12:15 Patient's Selection for Obesity Surgery
Hanan Rihani, Jordan
- 12:15 - 12:30 Nutrition Support Before and After Adolescent Bariatric Surgery
Mona Sharef Hashim, UAE
- 12:30 - 12:45 Pre-Bariatric Preparation and Patient Selection
Enas Al Alawi, UAE
- 12:45 - 13:00 Post-Bariatric Complications and Management
Wael Naasan, Jordan
- 13:00 - 13:15 Prevention And Management of Complications After Gastric Bypass
Enas Al Alawi, UAE
- 13:15 - 13:30 Q & A
ALL

13:30 - 14:30 PRAYER / LUNCH BREAK

SESSION 5

Your Body's Power Duo: Gut & Brain, United for Immunity

Moderator: Rula Abu Ghazaleh, Jordan & Natasha Bajj, Jordan

- 14:30 - 14:45 The 3 M'S: Microbiome, Microbiota & Maximum Health
Sanaa Youssef, Egypt
- 14:45 - 15:00 Effects Of Early Enteral Nutrition on Immune Function and Prognosis of Patients with Sepsis on Mechanical Ventilation
Adel Wahadneh, Jordan
- 15:00 - 15:15 Ethical consideration in Neonatology
Eman Badran, Jordan
- 15:15 - 15:30 Updates On Mediterranean Diet
Suzan Haidar, Lebanon
- 15:30 - 15:45 The Effect of Macronutrient Intake on The Microbial Metabolite 4-Cresol in an Omani Population
Eiman Al Hinai, Oman
- 15:45 - 16:00 Q & A
ALL

16:00 - 16:30 COFFEE & NETWORKING BREAK

HALL B

SESSION 4

Feed Your Body, Fuel Your Passion

Moderator: Fatima Al Haddad, Bahrain & Suzan Haidar, Lebanon

- 11:45 - 12:00 Is There a Role for Supplemental Parenteral Nutrition?
Tariq AlMusawi, Bahrain
- 12:00 - 12:15 Pivoting From Oral to Enteral Nutrition Care Plans
Dana Al Ajmi, Oman
- 12:15 - 12:30 Oral Nutritional Solutions from Abbott Nutrition
Batool Al-Khateeb, Jordan
- 12:30 - 12:45 The Clinical Impacts of Specialized Enteral Nutritional Formulas in Hospitalized Patients
Moh'Dnour Mahmoud Bani Younes, Jordan
- 12:45 - 13:00 Burden Of Artificial Nutrition at Home
Krystal Ouaijan, Lebanon
- 13:00 - 13:15 Parenteral Nutrition Preparation Stability and Compatibility
Manal Mostafa, Egypt
- 13:15 - 13:30 Q & A
ALL

SESSION 6

Fight Right - Winning the Battle Against Cancer

Moderator: Ehab Shehadeh, Jordan & Raed Marji, Jordan

- 14:30 - 14:45 Nutritional Therapy in Oncology, Can We Afford Not to Get It Right?
Tariq Dandis, UAE
- 14:45 - 15:00 Intermittent Fasting for Cancer Patients: Is It Safe? Does It Work?
MoezAllislam Ezzat Faris, UAE
- 15:00 - 15:15 Modelling the Potential Role of Microbial 4-Cresol in Colorectal Carcinogenesis
Eiman Al Hinai, Oman
- 15:15 - 15:30 Protein Recommendation to Increase Muscle Mass in Cancer: Results from PRIME Study
Carla Prado, Canada
- 15:30 - 15:45 Cancer Cachexia and Accelerated Again: Two Sides of The Same Coin
Alessandro Laviano, Italy
- 15:45 - 16:00 Q & A
ALL

HALL A

SESSION 7

Age Young - Reversing Time

Moderator: Lana Halaseh, Jordan & Taroub Khoury, Jordan

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|---------------|---|
| 16:30 - 16:45 | Stratifying Nutrition Interventions by Inflammatory Status
Mona Sharef Hashim, UAE |
| 16:45 - 17:00 | Malnutrition And Related Risk Factors in Elderly
Suha Khalifa, Jordan |
| 17:00 - 17:15 | Dietary Inflammatory Index & Chronic Diseases
Suzan Haidar, Lebanon |
| 17:15 - 17:30 | Understanding The Older Consumer with Poor Appetite
Dana Al Ajmi, Oman |
| 17:30 - 17:45 | Caloric Restriction & Healthy Ageing: An Imperative to Prevent the Impact of Population Aging
Alessandro Laviano, Italy |
| 17:45 - 18:00 | Q & A
ALL |

HALL B

SESSION 8

Smart Moves: Elevating Your Skills Intelligence for Success

Moderator: Natasha Bajj, Jordan & Nida Barqawi, UAE

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| 16:30 - 16:45 | Dietitian Involvement in Parenteral Nutrition in the GCC - Levant Region
Fatima Al-Haddad, Bahrain |
| 16:45 - 17:00 | Counselling Skills for Effective Hyperphosphatemia Management in Renal Patients
Rana Rizk, Lebanon |
| 17:00 - 17:15 | Quality Over Quantity: Latest Trend in Sarcopenia Diagnosis
Wafaa Ayesh, UAE |
| 17:15 - 17:30 | Ethics Of Nutritional Support
Kalliopi Anna Poulia, Greece |
| 17:30 - 17:45 | Parenteral Nutrition Safety
Phil Ayers, USA |
| 17:45 - 18:00 | Q & A
ALL |

END OF CONFERENCE DAY 1



DAY 2



Sunday 21 May



09:00 - 16:15

HALL A

SESSION 9

Pearls Of Health Unlocking the Benefits of Medical Nutrition Therapy

Moderator: Katiba AlRabadi, Jordan & Suzan Bakhit, Jordan

- 09:00 - 09:15 Tips in Prescribing EN
Amr Mattar, Egypt

- 09:15 - 09:30 Change the Life of Critically Ill Patients with Fish Oil
Khaled Al Sewify, KSA

- 09:30 - 09:45 Nutrition Interventions and Impact on Sarcopenia
Al- Anoud Al-Fehaidi, Qatar

- 09:45 - 10:00 Pearls In TPN for Critically Ill Patients
Hussain Shaalan, Jordan

- 10:00 - 10:15 Immune Nutrition: Nutrition beyond Calories
Ashraf Elhoufi, UAE

- 10:15 - 10:30 Q & A
ALL

HALL B

SESSION 10

Clear Conscience: The Path of Optimal Kidney Health & Purification

Moderator: Samah AlJbour, Jordan & Mohammad Ghnaimat, Jordan

- 09:00 - 09:15 Clinical Nutrition in Hospitalized Patients with Acute or Chronic Kidney Disease
Tariq AlMusawi, Bahrain

- 09:15 - 09:30 Kidney Transplant Prehabilitation - Nutrition Assessment & Therapy
Hiba Bargouthi, Jordan

- 09:30 - 09:45 Plant Dominant Diets in Chronic Kidney Disease: Potential Benefits from Once Forbidden Foods
Rana Rizk, Lebanon

- 09:45 - 10:00 Challenges In Nutrition Management of The Critically Ill Child with Acute Kidney Injury
Reham AlMardini, Jordan

- 10:00 - 10:15 Nutrition Support in Haemodialysis
Kalliopi Anna Poulia, Greece

- 10:15 - 10:30 Q & A
ALL

10:30 - 10:45 COFFEE BREAK



HALL A

SESSION 11

Body Works: Maximizing Your Health with Factory-Grade Care

Moderator: Zeyad Sharaiha, Jordan

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|---------------|--|
| 10:45 - 11:00 | Nutrition In Chronic Liver Disease
Feras Zureikat, Jordan |
| 11:00 - 11:15 | Nutrition in Crohn's (IBD)
Ala Ali, Jordan |
| 11:15 - 11:30 | Liver Complications in Paediatric Patients with Short Bowel Syndrome
Ajay Jain, USA |
| 11:30 - 11:45 | Nutritional Support in Chronic Liver Disease Pre and Post Transplantation
Ismail Halahleh, Palestine |
| 11:45 - 12:00 | Q & A
ALL |

SESSION 13

Harnessing The Power of Psychology for Mindful Eating

Moderator: Wafaa Ayesh, Jordan & Tatyana El-Kour, Jordan

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|---------------|--|
| 12:00 - 12:15 | Nutritional Genomics: The Gateway to Personalized Nutrition
MoezAllIslam Ezzat Faris, UAE |
| 12:15 - 12:30 | Eating Disorders in Infancy and Childhood...They Are Different Than Anorexia and Bulimia of Adolescent and Adults
Sanaa Youssef, Egypt |
| 12:30 - 12:45 | Growth Faltering Symposium
Ali Khamis, Jordan |
| 12:45 - 13:00 | Eating Disorder & Dilemma (Holistic Approach) - Adolescence
Falah Al Tamimi, Jordan |
| 13:00 - 13:15 | Mental Anorexia
Ali Ait Hssain, Qatar |
| 13:15 - 13:40 | Q & A |

13:40 - 14:30 **PRAYER / LUNCH BREAK**

HALL B

SESSION 12

Seas The Day: Unlocking the Benefits of Nutrients

Moderator: Zeena Sukkar, Jordan & Hussein Shalan, Jordan

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|---------------|---|
| 10:45 - 11:00 | Burn Injuries: Carbohydrates vs Fat?
Ismail Halahleh, Palestine |
| 11:00 - 11:15 | Protein And Critical Illness
Ashraf Elhoufi, UAE |
| 11:15 - 11:30 | Formulating A Nutrition Support Plan for The Critically Ill Obese Child
Sima Kalalkeh, Jordan |
| 11:30 - 11:45 | Energy And Protein Intake Progression and Health Outcomes Among ICU Patients
Maya Bassil, Qatar |
| 11:45 - 12:00 | The Art of Fluid Electrolytes Management of TPN in Adults
Amany Shawabkeh, Jordan |
| 12:00 - 12:15 | Q & A
ALL |

SESSION 14

Nourishing Your Little Ones for A Bright Future

Moderator: Mohammad Rafed, Jordan & Hamida Shaheen, Jordan

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|---------------|---|
| 12:15 - 12:30 | Nutrition In Neonates with Congenital Heart Disease
Khalid Salaymeh, Jordan |
| 12:30 - 12:45 | Early Enteral Feeding in Preterm Infants
Krystal Ouaijan, Lebanon |
| 12:45 - 13:00 | Golden Hour in Neonates
Faten Awaysheh, Jordan |
| 13:00 - 13:15 | Complex Situations in Critically Ill Neonates
Firas Rabi, Jordan |
| 13:15 - 13:30 | Maternity Medicine During Breastfeeding
Faten Maaytah, Jordan |
| 13:30 - 13:40 | Q & A |

HALL A

SESSION 15

Sugar Smarts: Managing My Sweet Blood for A Healthy Life

Moderator: Rana Rizk, Lebanon & Sima Kalaldehy, Jordan

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|---------------|--|
| 14:30 - 14:45 | Dietary And Other Determinines of Sarcopenia Risk in People with Diabetes
Maya Bassil, Qatar |
| 14:45 - 15:00 | Role Of Vitamin D in Insulin Resistance
Fadwa Hammouh, Jordan |
| 15:00 - 15:15 | Appetite Regulation or Weight Control: What Should we be Concerned About?
Tatyana Elkour, Jordan |
| 15:15 - 15:30 | Gut Bacteria & Role in Diabetes Type 2
Ruba Musharbash, Jordan |
| 15:30 - 15:45 | Physical Activity Guidelines in Obesity & All Cause Mortality
Reem Zeitawi, Jordan |
| 15:45 - 16:00 | Effect Of Time Restricted Diet on Obesity and Diabetes
Mirey Karavetian, Canada |
| 16:00 - 16:10 | Q & A |
| 16:10 - 16:15 | Closing Remarks |

HALL B

SESSION 16

Optimal Nutrition for Your Child's Health: Fuelling Little Engines

Moderator: Kefah ALqa'qa'a, Jordan & Awni Madani, Jordan

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|---------------|---|
| 14:30 - 14:45 | Nutrition for the Paediatric Patient with Renal Disease
Abeer Elayan, Jordan |
| 14:45 - 15:00 | Diet In Neurometabolic Diseases in Children
May Bader, Jordan |
| 15:00 - 15:15 | Principle And Practice of Neonatal and Ped TPN
Faisal A. Alsehli, KSA |
| 15:15 - 15:30 | Exclusive Enteral Nutrition in Crohn's Disease: From Paediatrics to Adults
Ali Al-Mehaidib, KSA |
| 15:30 - 15:45 | Cancer Prevention and Early Detection
Rahaf Akroush, Jordan |
| 15:45 - 16:00 | Epigenetics, Early Nutrition & Childhood Obesity
Hadia Radwan, UAE |
| 16:00 - 16:10 | Q & A |
| 16:10 - 16:15 | Closing Remarks |

END OF CONFERENCE DAY 2

