

## PROGRAM AT A GLANCE

TIME	DAY ONE 20 MAY, 2023 (Saturday)		DAY TWO 21 May, 2023 (Sunday)	
08:30 - 08:15	WELCOME + COFFEE		WELCOME + COFFEE	
08:30 - 08:45	Lecture 1			
08:45 - 09:00				
09:00 - 09:15	OPENING CEREMONY			
09:15 - 09:30	EXHIBITION OPENING + COFFEE BREAK		<b>Session 9</b> Assorted Pearls MNT	
09:30 - 09:45				
09:45 - 10:00			<b>Session 10</b> Purification (Kidney Care)	
10:00 - 10:15				
10:15 - 10:30			COFFEE BREAK	
10:30 - 10:45				
10:45 - 11:00	<b>Session 1</b> The Art of Beauty (Obesity)	<b>Session 2</b> To Know or Not to Know (TPN)		
11:00 - 11:15				
11:15 - 11:30			<b>Session 11</b> Factory Care	
11:30 - 11:45				
11:45 - 12:00			<b>Session 12</b> I Sea You	
12:00 - 12:15				
12:15 - 12:30	<b>Session 3</b> How to Breathe Health (Sport & Bariatric)	<b>Session 4</b> Feed My Body (EN & PN)	LUNCH BREAK	
12:30 - 12:45				
12:45 - 13:00				
13:00 - 13:30				
13:30 - 13:45			LUNCH BREAK	
13:45 - 14:00				
14:00 - 14:15	LUNCH BREAK		<b>Session 13</b> Mindful Eating & Phycology	
14:15 - 14:30				
14:30 - 14:45			<b>Session 14</b> Endless Care for Little Ones	
14:45 - 15:00				
15:00 - 15:15	<b>Session 5</b> Gut is the Second Brain (Microbiome & Immunity)	<b>Session 6</b> Skills Intelligence	COFFEE BREAK	
15:15 - 15:30				
15:30 - 15:45				
15:45 - 16:00				
16:00 - 16:15			<b>Session 15</b> Managing My Sweet Blood	
16:15 - 16:30				
16:30 - 16:45	COFFEE BREAK		<b>Session 16</b> Little Engine Care	
16:45 - 17:00				
17:00 - 17:15			CLOSING REMARKS	
17:15 - 17:30				
17:30 - 17:45	<b>Session 7</b> Age Young	<b>Session 8</b> Fight Right (Oncology)		
17:45 - 18:00				
18:00 - 18:15				
18:15 - 18:30				
18:30 - 18:45			CLOSING REMARKS	
18:45 - 19:00	CLOSING REMARKS			