

**DAY 1**



**Saturday, 20 May**



**08:30 - 18:30**

## HALL A

## HALL B

08:00 - 08:30 REGISTRATION

08:30 - 09:00 Obesity : Stigma or a Disease  
**Taroob Khor**

09:00-10:00 **OPENING CEREMONY + EXHIBITION OPENING + COFFEE BREAK**

### SESSION 1

#### The Art of Beauty (Obesity)

Moderator:

10:00 - 10:20 Obesity from A-Z  
**Maisam Waid Akroush**

10:20 - 10.40 Epigenetics, Early Nutrition & Childhood Obesity  
**Hadia Radwan**

10.40 - 11.00 The Evolution of Obesity (The Good, The Ugly, The Bad)  
**Enas Younis**

11.00 - 11.20 Obesity: Is it really your fault?An insight to the epidemiology, genetics and pathophysiology of obesity  
**Rami Salameh**

11.20 - 11.40 Appetite Regulation or Weight Control: What should we be concerned about?  
**Tatyana Elkour**

11.40 - 11.50 **Q & A**

### SESSION 2

#### To Know or Not to know (TPN)

Moderator:

10:00 - 10:20 The art of fluid electrolytes mgmt of TPN in pediatrics  
**Faisal A. Alsehli**

10:20 - 10.40 Initiation of TPN in the pediatric population: a practical guide  
**Fatima Al-Haddad**

10.40 - 11.00 Hints About Parental Nutrition Prescriptions  
**Khaled Al Sewify**

11.00 - 11.20 Nutrition Support in Mechanically Ventilated Critically Ill Patients  
**Mohammad Bani Younes**

11.20 - 11.40 Nutrition in surgical Pateints  
**Magdi Khalil**

11.40 - 11.50 **Q & A**

## HALL A

### SESSION 3

#### How to Breathe Health (Sport & Bariatric)

Moderator:

- 11:50 - 12:10 Sport Nutrition supplements the Appealing & deadly stuff  
**Amr Mattar**
- 12:10 - 12:30 Nutrition Support Before and After Adolescent Bariatric Surgery  
**Mona Sharef Hashim**
- 12:30 - 12:50 Pre-bariatric Preparation and Patient Selection  
**Enas Alawi**
- 12:50 - 13:10 Post-bariatric Complications and Management  
**Ashraf Haddad**
- 13:10 - 13:30 Prevention and management of complications after gastric bypass  
**Enas Alawi**
- 13.30 - 13.40 **Q & A**

13:40 - 14:30 **PRAYER / LUNCH BREAK**

### SESSION 5

#### Gut is the Second Brain (Microbiome & Immunity)

Moderator:

- 14:30 - 14:50 The 3 M Microbiom,microbiota & maximum health  
**Sanaa Youssef**
- 14:50 - 15:10 Effects of early enteral nutrition on immune function and prognosis of patients with sepsis on mechanical ventilation  
**Adel Wahadneh**
- 15:10 - 15:30 Enteral Nutrition in Premature babies  
**Faten Awaysheh**
- 15:30 - 15:50 Micronutrient and Vitamin Deficiencies in chidren  
**Ayesha Salem Al Dhaheri**
- 15:50 -16:10 The effect of macronutrient intake on the microbial metabolite 4-cresol in an Omani Population  
**Eiman Abdulla Al Hinai**
- 16:10 - 16:20 **Q & A**

16:20 - 16:40 **COFFEE & NETWORKING BREAK**

## HALL B

### SESSION 4

#### Feed My Body (EN & PN)

Moderator:

- 11:50 - 12:10 Is there a role for supplemental parenteral Nutrition?  
**Tariq AlMusawi**
- 12:10 - 12:30 Pivoting from Oral to Enteral Nutrition Care Plans  
**Dana Husain Al Ajmi**
- 12:30 - 12:50 The Clinical Impacts of Specialized Enteral Nutritional Formulas in Hospitalized Patients  
**Mohammad Bani Younes**
- 12:50 - 13:10 Burden of artifical nutrition at home  
**Krystel Ouaijan**
- 13:10 - 13:30 Parental nutrition preparation stability and compatibility  
**Manal Mustafa**
- 13.30 - 13.40 **Q & A**

### SESSION 6

#### Skills Intelligence

Moderator:

- 14:30 - 14:50 Dietitian Involvement in Parenteral Nutrition in the GCC- Levant Region  
**Fatima Al-Haddad**
- 14:50 - 15:10 Counseling skills for effective hyperphosphatemia management in renal patients  
**Rana Rizk**
- 15:10 - 15:30 Updates on Mediterranean Diet  
**Suzan Haidar**
- 15:30 - 15:50 Ethics of Nutritional support  
**Kalliopi Anna Poulia**
- 15:50 - 16:10 Advocacy of dietitians for national obesity policy  
**Jacqueline Wassef**
- 16:10 - 16:20 **Q & A**

## PRELIMINARY AGENDA

### HALL A

#### SESSION 7

##### Age Young

Moderator:

- 16:40 - 17:00 Stratifying nutrition interventions by inflammatory status  
**Mona Sharef Hashim**
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- 17:00 - 17:20 Malnutrition and related risk factors in elderly  
**Suha Khalifa**
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- 17:20 - 17:40 Dietary inflammatory index & chronic diseases  
**Suzan Haidar**
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- 17:40 - 18:00 Understanding the older consumer with poor appetite  
**Dana Husain Al Ajmi**
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- 18:00 - 18:20 Caloric restriction & healthy ageing :an imperative to prevent the impact of population aging  
**Alessandro Laviano**
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- 18:20 - 18:40 GLIM and Diagnosing Malnutrition  
**Carla Prado**
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- Q & A**

### HALL B

#### SESSION 8

##### Fight Right (Oncology)

Moderator:

- 16:40 - 17:00 Cancer prevention and early detection  
**Rahaf Akroush**
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- 17:00 - 17:20 Cancer cachexia and accelerated aging: two sides of the same coin  
**Alessandro Laviano**
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- 17:20 - 17:40 The gut microbiome in cancer cachexia  
**Eiman Abdullah Al Hinai**
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- 17:40 - 18:00 Intermittent Fasting for cancer Patients: Is it safe? Does it work ?  
**MoezAllIslam Ezzat Faris**
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- 18:00 - 18:20 Nutritional therapy in Oncology, can we afford not to get it right?  
**Tariq Dandis**
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- 18:20 - 18:40 Parenteral Nutrition Safety  
**Phil Ayers**
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- Q & A**

END OF CONFERENCE DAY 1



**DAY 2**



**Sunday 21 May**



**08:30 - 17:00**

## HALL A

### SESSION 9

#### Assorted Pearls MNT

Moderator:

- 08:30 - 08.50 Tips in prescribing EN  
**Amr Mattar**

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- 08:50 - 09.10 Change The Life of Critically Ill Patients with Fish Oil  
**Khaled Al Sewafie**

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- 09:10 - 09.30 Enteral Glutamine for Treatment of Burn Injuries  
**Ismail Halahleh**

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- 09:30 - 09.50 Pearls in TPN for critically ill patients  
**Hussain Shaalan**

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- 09:50 - 10.10 Nutrition Interventions and Impact on Sarcopenia  
**Al- Anoud Al-Fehaidi**

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- 10:10 - 10.30 TBA  
**TBA**

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- 10:30 - 10.40 **Q & A**

## HALL B

### SESSION 10

#### Purification (Kidney Care)

Moderator:

- 08:30 - 08.50 Clinical nutrition in hospitalized patients with acute or chronic kidney disease  
**Tariq AlMusawi**

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- 08:50 - 09.10 Kidney Transplant Prehabilitation - Nutrition Assessment & Therapy  
**Hiba Bargouthi**

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- 09:10 - 09.30 Plant dominant diets in chronic kidney disease: potential benefits from once forbidden foods  
**Rana Rizk**

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- 09:30 - 09.50 Challenges in Nutrition Management of the Critically Ill Child with Acute Kidney Injury  
**Reham AlMardini**

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- 09:50 - 10.10 MNT for Chronic Renal Disease  
**Enas Mogawer**

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- 10:10 - 10.30 Nutrition support in hemodialysis  
**Kalliopi Anna Poulia**

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- 10:30 - 10.40 **Q & A**

**10:40 - 11:00 COFFEE & NETWORKING BREAK**

## HALL A

### SESSION 11

#### Factory Care

Moderator:

- 11:00 - 11:20 Nutrition in Crohn's (IBD)  
**Alaa Khalid**
- 11:20 - 11:40 Liver complications in pediatric patients with short bowel syndrome  
**Ajay Jain**
- 11:40 - 12:00 Nutrition in chronic liver disease  
**Firas Zuraiqat**
- 12:00 - 12:20 Exclusive enteral nutrition in Crohn's disease: From paediatrics to adults  
**Ali Al-Mehaidib**
- 12:20 - 12:40 Nutritional support in Chronic Liver disease pre and post transplantation  
**Enas Mogawer**
- 12:40 - 13:00 **Q & A**

13:00 - 14:00 **PRAYER / LUNCH BREAK**

### SESSION 13

#### Mindful Eating & Psychology

Moderator:

- 14:00 - 14:20 Eating Disorders in infancy and childhood...they are different than anorexia and bulimia of adolescent and adults  
**Sanaa Youssef**
- 14:20 - 14:40 Eating disorder ... dilemma ( Holistic approach) - adolescence  
**Falah Tamimi**
- 14:40 - 15:00 Nutritional Genomics: The gateway to personalized Nutrition  
**MoezAllIslam Ezzat Faris**
- 15:20 - 15:40 Mental Anorexia  
**Ali Ait Hssain**
- 15:40 - 16:00 **Q & A**

16:00 - 16:20 **COFFEE BREAK**

## HALL B

### SESSION 12

#### I Sea You

Moderator:

- 11:00 - 11:20 Formulating a Nutrition Support Plan for the Critically Ill Obese Child  
**Sima Kalaldehy**
- 11:20 - 11:40 Surgical Malnutrition Prevalence and Treatment  
**Hanan Rihani**
- 11:40 - 12:00 Burn Injuries: Carbohydrates vs Fat ?  
**Ismail Halahleh**
- 12:00 - 12:20 Energy and protein intake progression and health outcomes among ICU Patients  
**Maya Bassil**
- 12:20 - 12:40 The art of fluid electrolytes mgmt of TPN in Adults  
**Amany Shawabkeh**
- 12:40 - 13:00 **Q & A**

### SESSION 14

#### Endless Care for Little Ones

Moderator:

- 14:00 - 14:20 Nutrition In Neonates with Congenital Heart Disease  
**Khalid Salaymeh**
- 14:20 - 14:40 Early Enteral Feeding in Preterm Infants  
**Krystel Ouaijan**
- 14:40 - 15:00 Complex situations in critically ill Neonates  
**Firas Rabee**
- 15:20 - 15:40 Ethical consideration in Neonatology  
**Eman Badran**
- 15:40 - 16:00 **Q & A**

## PRELIMINARY AGENDA

### HALL A

#### SESSION 15

##### Managing My Sweet Blood

Moderator:

- 16:20 - 16:40 Effect of time restricted diet on obesity and diabetes  
**Mirey Karavetian**
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- 16:40 - 17:00 Dietary and other determinants of sarcopenia risk in people with diabetes  
**Maya Bassil**
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- 17:00 - 17:20 Enteral nutrition for children with diabetes  
**Basem Zubi**
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- 17:20 - 17:40 Nutrition management in critical care health economic prospective  
**Tariq Dandis**
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- 17:40 - 18:00 TBA  
**TBA**
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- Q & A**

### HALL B

#### SESSION 16

##### Little Engine Care

Moderator:

- 16:20-16:40 Nutrition for the Pediatric Patient with Renal Disease  
**Abeer Elayan**
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- 16:40-17:00 Nutrition Management and Therapy for the Pediatric Patient with Chronic disease  
**TBA**
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- 17:00-17:20 Principle and practice of neonatal and Ped TPN  
**Faisal A. Alsehli**
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- 17:20-17:40 Total Parenteral Nutrition and immune system activity: A review  
**Adel Wahdaneh**
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- 17:40-18:00 Maternity medicine during breastfeeding  
**Faten Maaytah**
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- Q & A**

END OF CONFERENCE DAY 2

